

HIGH SCHOOL

TCDSB Grade 8 Transition Newsletter - Ready...Set...HIGH SCHOOL!

June 2020



Dear Grade 8 Class of 2020,

Although we have been experiencing a very unusual type of school year, we want you to know that we are thinking about you as you get ready to transition to high school. We know that completing your Grade 8 year through Distance Learning wasn't what you had in mind, and that you have been thinking about what high school may be like in September. We have put together a few reminders and updates that may be helpful for you and your parents, as you make the move from elementary to secondary school. We know that transitions can be difficult, and we want to reassure you that your high school is getting ready for all of their new Grade 9 students, and looking forward to welcoming you into their school community. We wish you every success and happiness as you embark on this new chapter in your education. You've got this!

God bless and best wishes,
TCDSB Elementary Guidance Counsellors



Summer Learning Opportunities

- **Summer Transition Course - HIF101** (credit-bearing)
 - via Google classroom - emphasis on literacy, numeracy, physical education
 - 6 hours per day/19 days (daily attendance monitored)
 - your high school will contact you to confirm
- **Gr. 8 Summer Enrichment Program** (non-credit bearing)
 - via Google classroom - emphasis on literacy & math skills
 - registration form:



"Education is the most powerful weapon you can use to change the world".
- Nelson Mandela

Staying Mentally Healthy in High School

As a high school student you will encounter success as well as face challenges. In those challenging times, it is important to remember that there are many caring adults in your new school that can help you. Your Guidance Counsellor, Teachers, Child & Youth Worker, Social Worker, Principal, Vice-Principal, Educational Assistant, Coach, Chaplain and other staff, are all available to help you find positive ways to manage stress and cope with difficult situations. Take a look at some of the resources below for some information, tips and strategies that may also help.

Whenever you need to talk, we're open.



Text 686868
KidsHelpPhone.ca
Call 1-800-668-6868

Kids Help Phone



KidsHelpPhone.ca
1 800 668 6868

Kids Help Phone



School Mental Health Ontario

Santé mentale en milieu scolaire Ontario




A Secondary School Graduation Requirement Information Manual for Toronto Catholic District School Board Students and Families

"Anything done for another is done for oneself."
-Thoreau




Community Involvement Opportunities:

- according the Ministry of Education and Public Health, no in-person community involvement hours will be taking place during Physical Distancing measures
- stay tuned for any **virtual** community involvement opportunities that may possibly become available
- gr. 8 students are eligible to start their community involvement hours as of July 1st




McCARTHY UNIFORMS



Uniforms:

- uniforms are purchased through McCarthy Uniforms www.mccarthyuniforms.ca
- uniforms may be purchased online or you can book an appointment to shop in-store
- McCarthy's is offering up to 20% discount for those shopping before July 15th
- they offer free shipping and curbside pick up
- register here to access a free information webinar on June 11 @ 5pm: https://mccarthyuniforms.zoom.us/webinar/register/WN_6Dr5qsERpaSgEa6fxmOiQ

Ms. Wilbur's 1st Grade
2021-2022 Week of a Balance



	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-9:00	Reading	Reading	Reading	Reading	Reading
9:00-9:30	Language Arts	Language Arts	Language Arts	Language Arts	Language Arts
9:30-10:05	PE	PE	PE	PE	PE
10:05-10:40	Language Arts	Language Arts	Language Arts	Language Arts	Language Arts
10:40-11:00	Lunch	Lunch & Recess	Lunch	Lunch	Lunch
11:00-11:30	Math	Math	Math	Math	Math
11:30-12:00	Science	Science	Science	Science	Science
12:00-12:30	Social Studies	Social Studies	Social Studies	Social Studies	Social Studies
12:30-1:00	Recess-Upper	Recess-Upper	Recess-Field	Recess-Upper	Recess-Lower
1:00-1:30	Music	Computer	Art	Recess-Field	Library
1:30-2:00	Pack Up	Pack Up	Pack Up	Pack Up	Pack Up

Schedules/Routines:

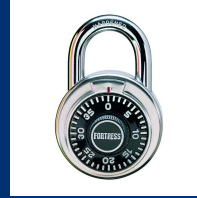
- every high school handles the distribution of schedules/timetables differently
- typically schedules do not get distributed until the end of the summer or on the first day of school
- some schools email schedules to students, some schools give them out by hand
- wait for information from your high school regarding your timetable

Parents/Guardians: Please ensure that you have a current email address and phone number on file with your child's high school. In regular and Distance Learning circumstances, important information and communication from the high school will be sent to you directly via email or automated voice-message.




Locks and Lockers

Reminders:

- ❖ your high school will provide a combination lock for purchase
- ❖ you will use this specific lock for the duration of all of your years in high school
- ❖ the locker is the property of the school and school administrators can have access to your locker at any time
- ❖ respect school property and use your locker to store academic or school related items only



Students should use the following procedure when operating the combination lock:

1. Give the dial two or more turns to the **RIGHT**. 
2. On the third turn to the **RIGHT**, stop at the first number of the combination.
3. Next, turn **LEFT** one whole turn **past** the first number and stop at the second number in the combination. 
4. Now, turn **RIGHT** and stop at the last number in the combination. 

Pull down on the lock. It should open. If not, return to Step One and take your time.

5. Pull down on your lock again and open the door.

Getting to School

In the months before school starts;

- know whether you will be driven, taking the TTC, or walking to school
- review the route that you will be taking to school
- have ample opportunities to practice the route for timing and directions

If you will be using public transportation consider the following:

- which bus to take
- when to ring the bell
- alternate routes
- personal safety